

The Skin Care Studio News

Updating Your Look

By Susan Keller, Esthetician and Owner of Skin Care Studios

While makeup trends change every season, the look and feel of healthy skin never goes out of style, and using the right products for your skin type and condition is vital to having a healthy looking appearance. For instance, if your skin is oily, a gel based cleanser works best to dissolve excess dirt and sebum as opposed to a cream based cleanser you might be using.

Choosing the appropriate foundation for your skin type is another essential step to creating a fresh and flawless complexion. Foundation that isn't adhering to your skin all day is a good indication you need a change.

A consultation with your esthetician will help you make needed adjustments to your daily skin care regimen and give you expert advice on choosing the right foundation for your skin type while updating and freshening your look. Now let's take a look at the fashionable trends coming up this spring.

Seasonal Makeup Trends

Bronzers are "in" this upcoming season. They add an instant facial glow and can be applied all over the face, neck, chest and shoulders. For an extra hint of color, highlight cheeks with a **sheer tinted blush**. If you find bronzers are, well – just too bronzy for your personal style, try a tinted moisturizer instead.

Foundation that doesn't adhere to your skin all day is a good indication you need a change!

The look for eyes this season is **vintage** with a modern flair. Think of Audrey Hepburn in *Breakfast at Tiffany's*. This look can be achieved by lining the upper lash line only and slightly extending the liner just past the outer corner of the eye. If you need more of an eye lift, slightly angle the liner upwards toward the temple. You can use a liquid liner or eye pencil to create this look, but our new favorite is **Gel Liner**. We've been testing and using it in our makeup studio and have deemed it worthy of our clients. So it's now available in Skin Care Studio stores!

Smooth and subtle eye shadows and well defined brows round off this season's fashionable, vintage look, but what about lips? ...

In keeping with the new vintage glam look, **strong lip color and lip liner** is back. Use lip liner to line edges and define lip shape. Liners should match lipstick color. For extra color dimension, highlight lips with an accentuating shade in the center of your lips. Before updating your lip color collection keep in mind the following tips ...

Lip Tip #1 Because color draws focus to your lips, you'll want to keep your lips healthy and moist with regular exfoliation and lip moisturizer. Gently buff lips with a wash cloth and then follow up with a drop of moisturizer. Our favorite lip treatment continues to be Vo-liptuous because of its hydrating benefit and its ability to plump up cells, to fill out every line and wrinkle while adding volume. It makes lip color glide on smoothly – it's the perfect primer!

Lip Tip #2 Strong lip colors can draw attention to less than pearly white teeth, so be careful to avoid colors that make your teeth appear more yellow or stained. Generally speaking, **peachy-pink hues and colors with blue undertones make teeth appear more white**. While some orange-reds, plums, and brown shades accentuate stained teeth. You'll learn what works best for you by simply trying on different colors and checking your smile out in front of a mirror.

So, have fun – experiment with tints, colors, and bronzers. Play with different eyeliners and practice new techniques. The point is to update and discover a fresh new look for you!

Tulsa Women's Show February 8th - 10th

Lots of great deals with free stuff from the Skin Care Studio. More info at www.skincarestudios.com

Our Skin Care Studio Kits are here! Containing full sizes of... Cleanser, pH Balancer, Hydrator, and previews of our Eye Cream and Night Conditioning Mask. The complete kit is a bargain at \$45 but for an even sweeter deal pick it up at the Tulsa Women's Show and receive a free gift certificate for a SCS facial – use it for yourself, or give it as a gift.



Gel Liner

Vo-liptuous

Makeup Trends Product Gallery

Gel Liner \$25

Vo-liptuous \$24

Fake Bake Bronzer \$18

SCS Kit \$45



Happy Valentines Day! Give the perfect gift! SCS Gift certificates are available in any amount.

Need help updating your look? Schedule an appointment for your SCS Facial and Makeup application today!

Skin Care Studio Locations

Spirit, Soul, & Body Day Spa
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